



Dementia State Plan and Dementia Capability

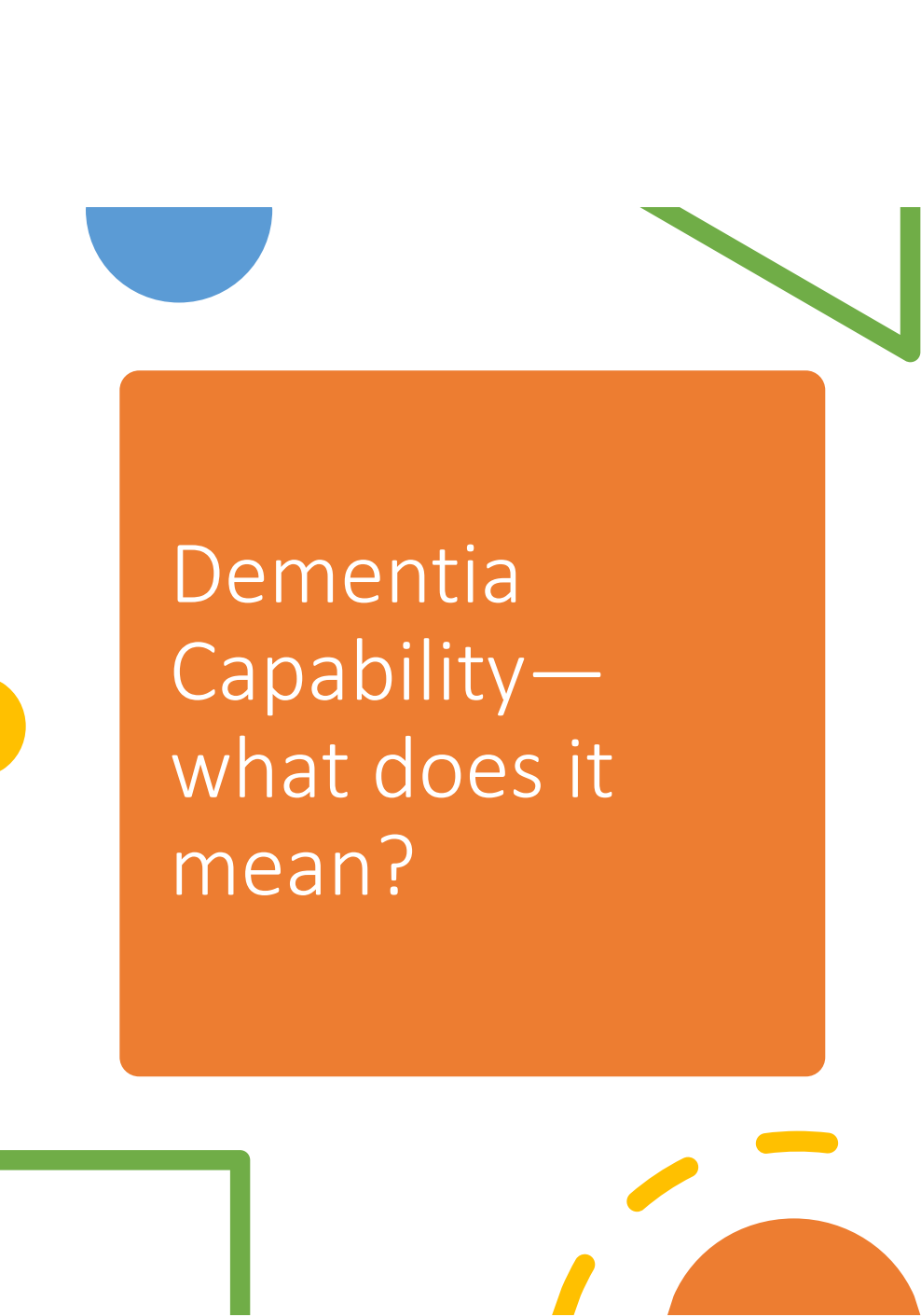
Alzheimer's Disease and Related Disorders Commission

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Objectives

- Overview of the Dementia State Plan (DSP)
- Discussion of the five current and one potential goal
- Provide context and direction for afternoon breakouts





Dementia Capability— what does it mean?

- Being skilled in identifying people with possible dementia and working effectively with them and their care partners,
- being knowledgeable about the kinds of services needed, and
- being able to inform or refer to agencies and individuals that provide such services.
- increasing the knowledge and skills of those who care for or interact with people living with dementia and their supporters,
- identifying gaps in services and
- providing long-term services and supports to meet the needs of people living with dementia and their care partners.

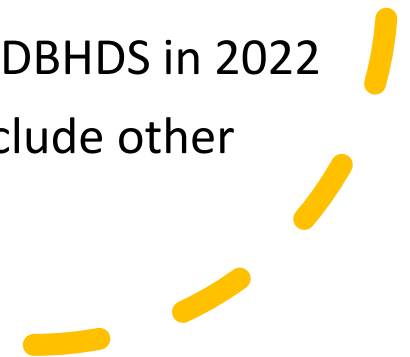
Alzheimer's Association, 2016

Dementia State Plan: 5 Goals

Statewide Coordination	Goal 1: Coordinate quality dementia services in the Commonwealth to ensure dementia capability
Data	Goal 2: Use dementia-related data to improve public health outcomes
Training	Goal 3: Increase awareness and create dementia-specific training
Coordinated Care	Goal 4: Provide access to quality coordinated care for individuals with dementia in the most integrated setting
Research	Goal 5: Expand resources for dementia-specific translational research and evidence-based practices

Goal 1:
Coordinate
quality
services to
ensure
dementia
capability

- Dementia Services Coordinator (DSC) creation (2011)
- VDH's creation of Healthy Brain Virginia in 2017 in partnership with DSC, BOLD grant activities since 2021
- Working with LeadingAge Virginia on Dementia Friendly initiatives
- Collection and publication of list of comprehensive memory clinics
- Creation of Dementia Capable Virginia brand and initiative (2020)
- Dementia Services Workgroup led by DBHDS in 2022
- Expansion of ADRD Commission to include other state agencies




Goal 2: Use data to improve public-health outcomes

- Regularly asking the cognitive decline and caregiver optional modules
- Supporting use of data to address dementia as a public health issue (BOLD activity)
- Cross-agency data collaborative report (2019)
- Chronic Disease Self Management Education and its offshoots
- Brain health and risk reduction education (BOLD activity)



Goal 5: Expand resources for dementia research

- In 2015, the General Assembly adopted changes to informed consent procedures specifically to permit people with cognitive impairment to participate in research
 - Alzheimer's Disease and Related Diseases Research Award Fund maintained, provides grants of up to \$45,000 for research projects related to dementia
 - Commission working on collaborative efforts to increase research participation, particularly among under-represented populations
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Goal 3:
Increase
awareness,
create
dementia-
specific
training

- Primary Care microlearning modules
- Primary Care Dementia Practice Toolkit
- Brain health and dementia risk reduction education (BOLD activity)
- Dementia training for State Police and other emergency services personnel
- Dementia capability modules for Area Agency on Aging staff
- Evidence-based programs for dementia caregivers
 - Dealing with Dementia
 - FAMILIES (New York University Caregiver Intervention)
- Microlearning modules for caregivers (Riverside)
- Dementia Friends information sessions

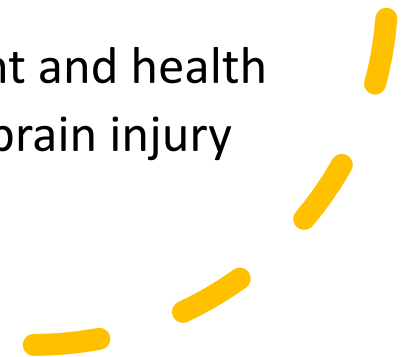



Goal 4:
Coordinated
care in the
most
integrated
setting

- Evidence-based care coordination program (Benjamin Rose Care Consultation) available through UVA, Riverside
- UVA's Dementia Care Coordination supported by federal grants and, since 2021, state general funds
 - Received Commonwealth Best Practice Award, Innovations in Aging Award (USAging)
- Care coordinators integral part of Medicaid's Cardinal Care for older enrollees
- Virginia Lifespan Respite Voucher Program
- Primary Care Dementia Toolkit including tools for follow-up care and referrals

*PROPOSED
NEW GOAL:
BRAIN
HEALTH AND
DEMENTIA
RISK
REDUCTION*

- Existing recommendations/strategies currently under other goals
- New recommendations/strategies reflecting greater knowledge
- Education and awareness campaigns about modifiable risk factors for dementia—targeted to different age groups, population segments
- Ways to improve brain health
 - Better cardiovascular management and health
 - Reducing prevalence of acquired brain injury



A slide with an orange background. In the center is a large white circle containing the text "Q&A". To the left of the white circle is a dashed yellow arc. At the bottom right of the white circle is a small solid blue circle.

Q&A

Breakout sessions
after lunch

Each room seats 30

Breakout session	Room
Goal 1: State Coordination	Salon 1
Goals 2 & 5: Data and Research	Salon 2
Goal 3: Training	Salon 3
Goal 4: Coordinated Care	Shenandoah
Proposed Goal: Brain Health/Risk Reduction	Dominion & Commonwealth